## MANIC IGNITE > MARCH 5, 6, 7



## VIRTUAL COURSE DESCRIPTION

Take part in this three day challenge from anywhere! You can bike, run, hike, kayak, swim, or climb your way through a marathon distance of fun with the goal of 5,622' ascent! There are no real rules. Can you bike the whole distance? Yes. Can you run a marathon? Yes.

The choice is yours, but why not mix it up, have some fun and get creative...